

# Transition: School to Adult Life

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## **The Living Valley Center for Independent Living, Inc.**

**The need:** young adults with disabilities leaving supportive school environments with limited knowledge of housing options, resources, benefits, and social/recreational opportunities.

**The result:** young adults and their parents experiencing a feeling of being cut off from life as they knew it and young adults feeling unprepared to meet the challenge of living independently.

**Our response:** a Transition program focusing on the needs of young adults with disabilities, fully examining all aspects of life in the community.

### **What is the program all about:**

- A full time Independent Life Coach, Seth Hoderewski.
- Participants will have a mentor.
- Participants will choose their own Stakeholder Team.
- Program will include support to the Family/Caregivers.
- Seminar Series covering topics of Independent Living.
- Summers Conference Series will present topics supplemental to the Seminar Series and will take place at relevant sites across the Lehigh Valley.
- Project supervised by a Transition Program Advisory Committee composed of numerous collaborative partners.

For more information, if you like to become involved, or if you know a young adult with a disability who may want to participate, please contact Seth Hoderewski at 610-770-9781 ext. 19 or at [sethhoderewski@lvcil.org](mailto:sethhoderewski@lvcil.org)