

Every student about to enter the Real World has questions. Students with disabilities may have even more!



Transition: School to Life “S2L”

- ◆ Am I ready for the real world?
- ◆ How do I go about getting a job?
- ◆ Where can I live?
- ◆ What about my friends?
- ◆ Where can I go to have fun?
- ◆ What are my rights as a person with a disability?
- ◆ What Government programs are available to me?

For more information about the “S2L” program or “The Real World Lehigh Valley” Please call Seth Hoderewski Independent Life Coach at 610-770-9781 ext. 19 or toll-free at 1-800-495-8245 sethhoderewski@lvcil.org

LEHIGH VALLEY
Center FOR
Independent
Living



LVCIL



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for Independent Living
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“Empowering persons with all types of disabilities to choose independence”

A program for students with disabilities who want to learn skills so they can live independently in the community of their choice.



S2L



S2L

This program is for young adults:

- ◆ Ages 14-21 with any type of disability
- ◆ Living in Lehigh or Northampton County
- ◆ Leaving supportive school environments
- ◆ Who have limited knowledge of available resources
- ◆ Who want to explore EVERY aspect of life in the community

As with every LVCIL program, the "S2L" program will focus on our four core services:

- 1) Information and Referral
- 2) Peer Support
- 3) Independent Living Skills
- 4) Individual and Systems Advocacy

"S2Lers" will have:

- ◆ An Independent Life Coach to facilitate every aspect of the program
- ◆ A Person-Centered Transition Plan to help "S2Lers" on their path to independence
- ◆ A mentor who has been through the transition process
- ◆ A "Stakeholder Team" composed of family, a mentor, and any one the participant feels can help guide them through their goals
- ◆ Support for family and caregivers
- ◆ A seminar series covering topics of Independent Living
- ◆ A summer conference series: "Real World Lehigh Valley"

The "Real World Lehigh Valley" will include:

- ◆ Intensive and fun summer seminar series: 6 hour, 2-3 days a week, 6 week program
- ◆ Focus on the community
- ◆ Additional staff support
- ◆ Opportunities to practice skills that have been learned

Topics may include:

What's It Like Out There?
Personal Community Safety
Nutrition on a Budget
Making and Keeping a Budget
Your Rights
Getting Around the Valley
Socialization and Recreation
Other topics related to students specific needs

The "S2L" program will be an intensive look into what will be needed for the student to live independently in the community of their choice.

The "S2L" program is meant to be a supplement to the supports schools are providing during a student's transition.

The "S2L" Program is funded through a grant from the Pennsylvania Developmental Disabilities Council.