



ARCH of Lehigh Valley

Autism Resource Community Hub of Lehigh Valley

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ARCH of Lehigh Valley is an inviting, user-friendly center that provides comprehensive services to individuals and families touched by autism. Our professional staff are trained in Autism Spectrum Disorder (ASD). We promote and support the success of each individual in a therapeutic learning environment. In addition to meeting ADA standards, our state-of-the-art facility incorporates specially designed lighting and sensory features. Our resources are designed to help each person achieve their full potential.

OUR SERVICES

- Diagnosis and Evaluation
- Professional Training
- Resource Room
- Counseling
- Behavioral Health Rehabilitation Services (BHRS)
- Intensive Case Management
- Summer Camp
- Self Directed Care (SDC) Pilot Program
- After School Programs
- Family Activities

Diagnosis and Evaluation

At ARCH of LV, autism specific diagnostic evaluations are conducted by a licensed psychologist. The recommendation for an evaluation can be made by the parent, physician, teacher or any other professional. ARCH of LV staff will meet with the family to explain the diagnosis and help them understand its implications, treatment options and available resources. We also assist families in applying for Medical Assistance.

Please note: The mental health portion of the child's insurance will be billed for the diagnostic evaluation. If the child does not have insurance, we will assist the family with other options.

Professional Training

Staff at ARCH of LV receive intensive, ongoing professional training on Autism Spectrum Disorders (ASD). As ARCH of LV develops services and programs, families and professionals will be offered lectures and discussion groups on many aspects of ASD.

Resource Room

For those who wish to learn more about ASD, our ever-expanding Resource Room is open to the public. We offer a comprehensive collection of print, electronic and audio-visual resources as well as computer, copier and laminating accessibility.

Autism Specific Behavioral Health Rehabilitation Services (BHRS) a.k.a. Wraparound Services/ Provider-50 Services

BHRS is available to children and adolescents up to age 21 with ASD. These services must be prescribed by a licensed psychologist or physician. A treatment plan is developed by a team consisting of the parents and professionals involved with the child.

The three standard services are:

Behavioral Specialist Consultant (BSC) - plans and monitors individually designed services.

Mobile Therapist (MT) - provides individual therapy in the home or community.

Therapeutic Support Services (TSS) - implements the treatment plan in homes, schools and community settings.

Counseling

Individuals with ASD and their families may benefit from counseling. This will be offered on-site by professionals and may include individual, group or family counseling depending on their needs.

Intensive Case Management (ICM)

ICM services will be available to individuals on the autism spectrum. For individuals involved in many systems, it is often an overwhelming task to coordinate all services and needs. The Intensive Case Manager's (ICM's) role is to link, access, coordinate and advocate, alleviating some of this responsibility for the parent or the guardian.

Self Directed Care (SDC) Pilot

ARCH of LV has been chosen to provide Intensive Case Management (ICM) services to transitional age youths (to age 29) with an ASD diagnosis. 75 individuals will have the opportunity to make a "purchasing plan goal" for services and supports - up to \$2,500. All requests need to go to Magellan Behavioral Health. ICM services may continue after the funds are depleted.

Summer Camp

ARCH of LV offers a therapeutic summer camp for children, adolescents and young adults ages 11-21 with ASD. This program will be provided at both ARCH of LV and in the community and will offer participants a fun and recreational camp experience.

After School Programs

During the school year ARCH of LV will provide after school programs to children and adolescents with ASD. Programs will use a combination of behavioral, communication and socialization strategies to help them improve their functioning in a variety of settings.

Family Activities

ARCH of LV provides activities for families whose children have ASD. The range of family programs will increase and vary over time and may include activities such as movie nights and other recreational and social opportunities. ARCH of LV will offer support groups for siblings, families and others touched by ASD.

Ellen Hunt