# **Mental Health/Crisis Management**

## **Depressive and Manic Depressive Association of the Lehigh Valley**

c/o The Presbyterian Church

3231 Tilghman Street Allentown, PA 18104

Phone: Locally: 610-434-2444 or Nationally: 800-826-3632

Website: www.dbsalliance.org

Description of Services: Information and support.

## **Depression Bipolar Support Association**

Sacred Heart Hospital 421 Chew Street Allentown, PA 18102 Phone: 610-776-4766 Website: www.shh.org

Description of Services: Support group meetings held at the Sacred Heart Hospital Conference Center the 1<sup>st</sup> & 3<sup>rd</sup> Thursday of each month from 3 pm – 5

pm.

## **Lehigh County Crisis Intervention**

17 S. 7<sup>th</sup> Street

Allentown, PA 18101 Phone: 610-782-3127

Description of Service: 24-hour Emergency Mental Health Services: mental health assessments, assistance in emergency evaluations/hospitalizations. Delegates of "Application for Involuntary Emergency Examination and Treatment: Mental Health Procedures Act of 1976 Section 302"-for individuals (14 years of age and older) who need to have an involuntary evaluation for psychiatric inpatient hospitalization.

#### **Lehigh Valley Hospital Health Hotline**

Phone: 610-402-2273 (CARE)

Website: www.lvh.org

Description of Services: Find out about health/pregnancy, other classes, support

groups, doctor referrals, and second opinions. For both Lehigh Valley and

Muhlenberg Hospitals.

Hours: Monday through Friday 8 am – 4:30 pm

## **Lehigh Valley Hospital - Muhlenberg**

2545 Schoenersville Road Bethlehem, PA 18017 Main Phone: 484-884-2601

Emergency Room Phone: 484-884-2521

Website: www.lvh.org

Description of Services: No health clinics; dental clinic available; accepts Medical Assistance. Child care available for hospital appointments for ages 3

and up. Has some Spanish speaking staff.

#### Mental Health Association of Southeastern PA

1211 Chestnut Street
Philadelphia, PA 19107
Phone: 215-751-1800
Website: <a href="www.mhasp.org">www.mhasp.org</a>
Email: <a href="mailto:mha@mhasp.org">mha@mhasp.org</a>

Description of Services: a nonprofit citizen's organization that develops supports and promotes innovative education and advocacy programs. MHASP serves adults, children and family members through our programs and advocacy efforts.

## Mental Health Society of the Lehigh Valley

419 Walnut Street Allentown, PA 18102

Phone: 610-821-3962 (Verizon message service)

Email: <a href="mailto:mpease@enter.net">mpease@enter.net</a>

Description of Services: Information on mental health issues.

### **National HelpLine Network**

Phone: 800-442-4673

Description of Services: Teen peer counseling: Crisis line

#### **National Runaway Switchboard**

Phone: 800-786-2929

Website: www.nrscrisisline.org

Description of Services: 24-hour runaway and homeless teen helpline, and

information and referral center.

## Sacred Heart Hospital

421 Chew Street Allentown, PA 18102 Phone: 610-776-4500

Phone Kid Zone: 610-776-4605

Website: www.shh.org

Description of Services: Various hospital services. Offers free child care services for patients receiving tests, exams or treatments, called "Kid Zone." Open 8:30

am – 5:30 pm Monday – Friday.

# **Student Assistance Program**

Description of Services: an in-school Master's degree mental health professional who provides assessments and referrals for students who are in need of mental health services, drug and alcohol treatment services, an d/or school related supportive services; For students in middle school sand high schools only; Contact your child's school Guidance Counselor to request a referral